

## Curriculum references

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16/11/2023

When taught as part of a planned developmental programme, these lessons contribute towards meeting the curriculum for PSHE education, as set out in the PSHE Association Programme of Study for PSHE education.

## PSHE Association Programme of Study

The PSHE Association's Programme of Study outlines learning opportunities in three core themes: Health & Wellbeing, Relationships and Living in the Wider World. The learning opportunities most relevant to the RUN HIDE TELL lessons state that students should be taught:

### Core theme

Health and wellbeing

### Learning opportunity in key stage 3

**H30:** how to identify risk and manage personal safety in increasingly independent situations, including online

**H31:** ways of assessing and reducing risk in relation to health, wellbeing and personal safety

### Relationships

**R44:** that the need for peer approval can generate feelings of pressure and lead to increased risk-taking; strategies to manage this

### Core theme

Health and wellbeing

### Learning opportunity in key stage 4

**H22:** ways to identify risk and manage personal safety in new social settings, workplaces, and

Core theme

Learning opportunity in key stage 4 environments, including online

**H23:** strategies for identifying risky and emergency situations, including online; ways to manage

these and get appropriate help, including where there may be legal consequences (e.g. drugs and alcohol, violent crime and gangs)

Relationships

**R35:** to evaluate ways in which their behaviours may influence their peers, positively and negatively,

including online, and in situations involving weapons or gangs

## Curriculum links for Scotland and Wales

The learning in this lesson pack is applicable to young people in all devolved nations, and as such covers the following curriculum links in the equivalent Scottish and Welsh programmes of learning:

Scotland: Health and wellbeing

Physical wellbeing:

- I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm when possible
- I know and can demonstrate how to keep myself and others safe and how to respond in a range of emergency situations

Wales: Health and wellbeing

Our decision making impacts on the quality of our lives, and the lives of others:

- I can anticipate, assess and manage risks
- I can critically evaluate factors and implications, including risks, when making decisions individually and collectively

**KEYWORDS**

ACT AWARENESS

ACT

LESSON

LEARNING

CURRICULUM

EDUCATION

TEACHER